

Emergency First Aid at Work

Overview

Whether your employees work in an office or on site, a number of them will need to be first aid trained. So if an incident did occur they would potentially be able to save someone's life.

This course can be adapted to suit a particular audience and is ideal for lower risk businesses, or higher risk companies with less than five employees in accordance with the Health and Safety (First Aid) Regulations.

The course is run over one day and includes both theory and practical sessions.

Who Should Attend?

Employees who are able to take charge of an incident in the absence of the qualified first aider, peripatetic workers and others whose duties often take them away from the main workplace (e.g. company drivers and security staff). In fact, the more people who possess such skills the better. Suitable candidates from the workplace should be able to cope with the demands expected of a first aider, such as lifting and being able to cope with injuries and emergencies.

Course Content

The following is covered during the course:

- First aid priorities
- Managing incidents
- Basic life support
- Examination of a casualty
- Unconsciousness
- Control of bleeding
- Burns and scalds
- Regulations
- First aid kits
- Recording and reporting

Certification is dependent on successful continuous assessment of the delegate, there is no final exam. Those delegates who complete the course are deemed to have reached the required standard are issued with a certificate that is valid for three years.

Under the current guidelines it is "strongly recommended" that first aid trained staff attend a half-day update every twelve months.



DURATION

1 Day

QUALIFICATION

HSE Approved

PRICE

Please contact us for prices

*Content correct at time of publication

